



August 2024

Lutheran Manor of the Lehigh Valley

2085 Westgate Drive, Bethlehem, PA 18017

Office Hours

Monday - Thursday
8:30am - 4:30pm
Friday
8:30am - 1:00pm

Fitness Center

Every Day
6:00am - 9:00pm

Staff Birthdays

Mona F. - August 24th

WELCOME New Residents

Susan H - Floor 10
Corinne F. - Floor 11

No General Meeting
in August.

We will resume in
September.

CHECK CHANNEL 99 FOR ANNOUNCEMENTS

Office Notes



Happy

SENIOR CITIZEN DAY!

Wednesday, August 21st

WORSHIP SERVICES:

Believers' Worship

with Paul Belfort
Sundays at 1:00pm

Community Room

Horns & Hooves Mini Moos



Mini's provide a sense of wholesome love that everybody should get the experience to enjoy. Come cuddle with Hank & Waylon.

Monday, 8/5 @ 1p

~Dog Park

***SIGN UP ON EVENTS FORM**

LM IN-PERSON MOVIE

Join us for a showing of the new movie "*I am: Celine Dion*".

**Monday, 8/19
@ 1pm**

~Community Room



***SIGN UP ON EVENTS FORM**

Reminder

August is the last month with certain events being postponed. Be on the lookout for returning events in September!



REMINDER: Window Washing is expected in September. Stay on the lookout for updates!

Movie Days

Float



When her plans suddenly change, young Waverly takes an impulsive detour to a small Canadian town. After nearly drowning at a beach party, she soon finds herself falling in love with the handsome lifeguard who rescued her.

AUGUST 5TH

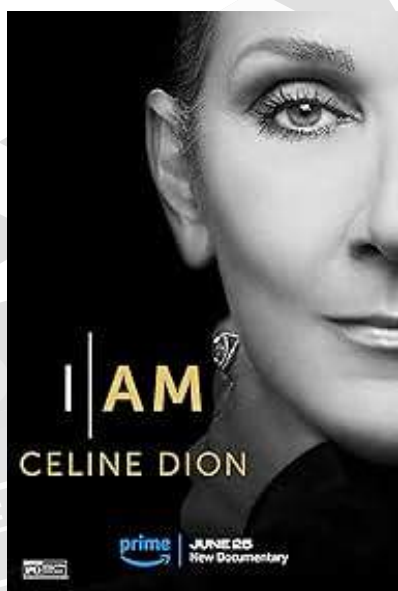
The Beach Boys



The Beach Boys' journey from forming the band in the early 1960s, to their rise to fame; it explores their music, their evolution in the 1960s, and personal impact with reference to interviews and archival footage.

AUGUST 12TH

I am: Celine Dion



Serving as a love letter to her fans, Celine Dion highlights the music that guided her life while also showcasing the resilience of the human spirit as she struggles with life-altering illness.

AUGUST 19TH - COMMUNITY ROOM

Summer Camp



Childhood best friends Nora, Ginny and Mary used to spend every summer at a sleepaway camp together. Years later, they seize the opportunity to return to the camp for a reunion filled with food fights, river rafting, and emotional revelations.

AUGUST 26TH

~All LM movies live-streamed on channel 98 every Monday at 1:00pm~

Jacinda's Jumpstart to Wellness

Therapy Dog Wellness Visit

Join Lehigh Valley Therapy Dogs for a lovely wellness visit from their finest pups!

Learn about the importance of Therapy Dogs, spend some time with the animals, and more!!

Refreshments served | Community Room

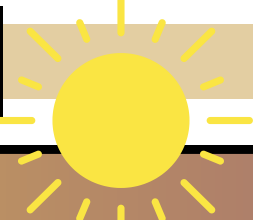
August 30th @ 12:30pm

***Sign up on Events Form**

WELLNESS CENTER REMINDERS

1. Please be responsible when hydrating during exercise, avoid making spills on any exercise equipment to prevent damage. Water is encouraged and clean up any little spills made!
2. All Residents must wear headphones or earbuds to listen to their own music. No speakers or music from your phone is allowed to be played out loud while other residents are using the gym.
3. All Residents must wipe down/ sanitize each machine their hands or body has touched. Let's prevent the spread of germs!
4. The Fitness Room is open from 6:00am to 9:00pm daily. Residents are no longer allowed to enter after closing.
5. All Residents must sign in upon entering the gym and sign out before leaving the gym. If you have a guest, they must sign in as well!

Jacinda's Jumpstart to Wellness



Drum Fitness

Reminder that Drum Fitness is on **Tuesdays at 11:00am & Thursdays at 12:00pm in the Community Room**

Every **SECOND** Thursday will be held **outside** in front of the fish pond.



***Sign up below & return to Main Office**

Where's the sugar hiding?

Join Registered Nurse, Jennifer Wood, to discuss the difference in sugars, what sugars are bad vs. good, and more when it comes to your daily sugar intake!

**Monday, August 12th at 1:00pm
Community Room**



***Sign up on the Events Form!**

Jeopardy Trivia Day



Your favorite game continues! Join your host, Jacinda in an awesome trivia game of Jeopardy. Learn some fun facts and win prizes by scoring **BIG!**

**Wednesday, August 21st at 2:00pm
~Community Room**

***Sign up on the Events Form!**



Walker's Van Trip

It's officially warm out! Join the Walker's Club in a Van Trip to Sand Island Park, walk around the beautiful lands and enjoy some refreshments at the end.

**Wednesday, August 28th at 10:00am
~Weather Permitting**

***Sign up on the Events Form!**



Please check the dates you would like to attend and return to the main office!

8/1	Thursday	Drum Fitness	12:00p	_____
8/6	Tuesday	Drum Fitness	11:00a	_____
8/8	Thursday	Drum Fitness (OUTSIDE)	12:00p	_____
8/13	Tuesday	Drum Fitness	11:00a	_____
8/15	Thursday	Drum Fitness	12:00p	_____
8/20	Tuesday	Drum Fitness	11:00a	_____
8/22	Thursday	Drum Fitness	12:00p	_____
8/27	Tuesday	Drum Fitness	11:00a	_____
8/29	Thursday	Drum Fitness	12:00p	_____

Name: _____ Apt. _____

From the Chaplain

God-Sightings

**“Open my eyes so I can see what you show me of your miracle wonders”
-Psalm 119:18 (The Message)**

During worship recently, Pastor Brandon Heavner asked us to share our “God Sightings”. “God Sightings” are looking for ways that God is acting in our lives. God appears to us everyday and we don’t see it because we don’t look for God. By looking for God everyday, we learn to see his “little love notes” through new eyes of faith.

It may be as simple as experiencing God as you “see” that beautiful sunset, “feel” a cool refreshing breeze or “notice” someone treating another with kindness. It doesn’t have to be a big life changing miracle. It is a way of seeing our partnership with God in all the small things we do every day. **How about you? What are your “God Sightings” today?**

Thanks be to God for walking with us every day through the seasons of our lives!! Blessings -Pastor Clark

Worship in the Community Room

**WORSHIP IS LIVE AT 2:00 PM
~LIVE-STREAMED ON CH 98~**

Thurs, 8/1	Brother Sam Claudio, Christ Fellowship - Allentown (SPANISH-ENGLISH)
Thurs, 8/8	Pastor Larry Burd, Calvary Baptist Church - Easton
Thurs, 8/15	Pastor Beth Goudy, Metropolitan Community Church of the LV - Bethlehem
Tues, 8/20	Father Venantius Karobo, Notre Dame RC Church - Bethlehem
Thurs, 8/22	Pastor Dan Miller, Edgeboro Moravian - Bethlehem (**HOLY COMMUNION)
Thurs, 8/29	Pastor Jimmy Rivera, City Limits Assembly of God - Allentown

****Note: Holy Communion Worship**

If you are unable to attend worship in-person and wish to receive a communion cup, please contact Pastor Clark.

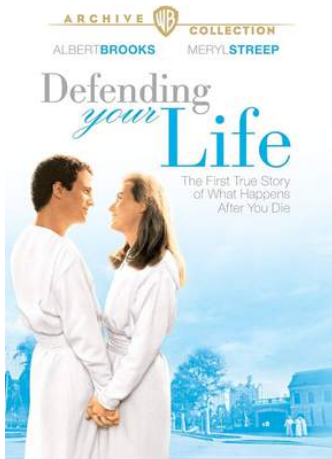
Walking in St. Paul's Footprints

Pastor Lisa Borrell recently completed a 2 week educational tour of Greece and Turkey. She visited the main sites involved in St. Paul's missionary journey through modern day Turkey and Greece. Pastor Lisa will help us to better understand St. Paul's Missionary Journeys through slides and conversation. Refreshments will be served.

Wednesday, August 14th at 12:30p - 2:30pm
Community Room | Sign up on the events form

Pastor's Movies

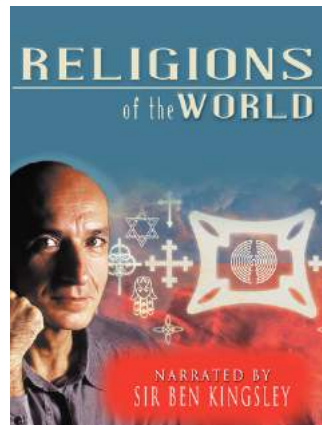
Defending Your Life



A 1991 American romantic comedy-fantasy film about a man who finds himself on trial in the afterlife where proceedings determine his next phase of existence.

WED, AUGUST 7TH

Religions of the World: Protestant Christianity



Political, religious and social events of the 16th century Europe sparked the birth of Protestant Christianity whose new doctrines were formulated in reaction to the Roman Catholic Church.

WED, AUGUST 14TH

What's Up Doc



Barbara Streisand and Ryan O'Neal star in a screwball romantic comedy. Included are a daffy luggage mix up plot, silly dialogue exchanges, and one of the funniest chase sequences ever.

WED, AUGUST 21ST

The Chosen - Season 4: Episode 2: Confessions



The Chosen is an American Christian drama series about the life of Jesus of Nazareth.

WED, AUGUST 28TH

All Pastor Movies are live-streamed on Wednesdays at 2:00pm on Channel 98

Lutheran Manor

**Lutheran Manor
BINGO**

*NO BINGO in August.
We will resume in September!*

Bellezza Salon

Reminders:

Tracy:

For those who have not met Tracy yet, she works Tuesdays. Please stop in to say hello! She loves doing perms and has been doing hair for over 40 years. Bring a picture to show her what you would like or bring both your ideas together and design an original just for you!

Referrals:

When you refer a friend, neighbor, or family member to the salon for hair or nail service, please remind your technician and we will give you a thank you gift!

Punch Card:

Remember, everytime you come to the salon for a service, your punch card gets stamped. When it is filled, you will receive \$30 towards future services. Compliments of Lutheran Manor!!

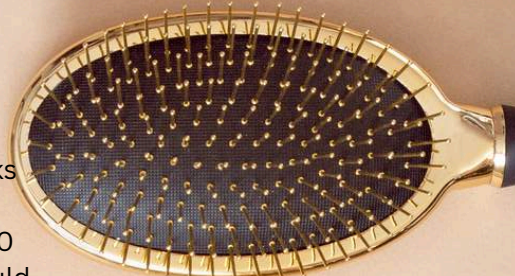
Basket/Gift Drawing

Each month we have a drawing for all of you who receive a salon/nail service. Please enter your name and enjoy! Good Luck to all!!

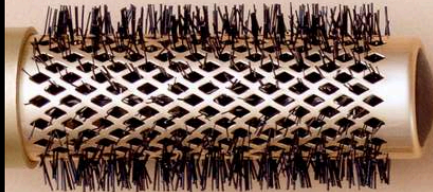
Thank you for visiting the salon!



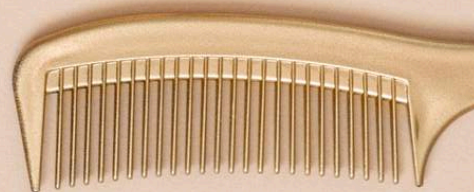
Diane Rizzetto



Anaya Dillon



Lorri Wetherald



Tracy Zovak-Hood



Bellezza Salon and Spa

We would like to thank all of you that joined Anaya at the manicure and pedicure parties! Lutheran Manor was kind enough to sponsor the events for all who signed up for the parties. We would like to thank Lutheran Manor for their kindness in giving us this opportunity!

Anaya enjoyed meeting all of you and making your nails look good so you would feel great! We also enjoyed picking your discount for the next time you have a nail appointment.

We decided to keep the surprise discounts ongoing till the end of December. Don't forget to pick from the gift box to see what you have earned every time you receive a manicure or pedicure.

Good Luck! Maybe you'll pick the FREE Certificate!!

Please give us your feedback and any suggestions you would like to share so we can make adjustments to improve our services!

Anaya will be working and offering nail services on Saturdays so please call her directly at 484-632-2558 to make or cancel appointments!



Bellezza Salon & Spa

Healthiest Manicure Option:

Unlike acrylic nails that use liquid monomer and polymer powder "Gel Nails" cure under UV or LED lights for 30-60 seconds. One of the main reasons gel nails are considered a healthier option is their flexibility. The gel formula allows the nails to bend and move more naturally reducing the risk of breakage and chipping.

Least Damaging Nail Treatment:

Overall, Dip Powder Manicures are a great way to get a healthy manicure that will protect and strengthen your nails without causing any damage. Just like any nail treatment, you have to make sure you properly remove it to keep your nails safe and healthy -- don't pick your manicure.

Removal Process:

Dips last longer than gels, but they're more difficult to remove. They both need to be soaked off, but dip takes longer. Both will take at least 30 minutes to soak off.

Effective July 1st, salon prices have increased across the board due to product and delivery charges. We apologize for the inconvenience and thank you for your understanding! You can pick up the price list from the salon if you would like one!

Contact 610-866-6010 x209 to schedule an appointment

AUGUST 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

11
IRON PIGS GAME - 12:00p
Sunday Believer's w/ Paul - 1:00p

4
Walker's Club - 9:30a
BANKS/PHARM - 10:00a
Zumba - 11:00a
One Man Band - 12:00p
Mini Moos - 1:00p
LM Movie - 1:00p
RA Bingo - 6:00p

5
Walker's Club - 9:30a
BANKS/PHARM - 10:00a
Zumba - 11:00a
One Man Band - 12:00p
Mini Moos - 1:00p
LM Movie - 1:00p
RA Bingo - 6:00p

6
Drum Fitness - 11:00a
WEIS - 12:00p
CLINIC: BP Checks - 1:15p

7
LM Car Wash - All Day
Walker's Club - 9:30a
Zumba - 11:30a
Bible Study - 12:30p
Pastor Movie - 2:00p

8
Chat Room - 10:00a
Drum Fitness - 12:00p
Church - 2:00p
WIDOW'S TAVERN - 3:00p

9
Walker's Club - 9:30a
Machine Mania - 11:00a
CLINIC: OAA - 12:30p
Oak St. Food Boxes - 1:00p
RA Shredding - CANCELED
Snacks & Ice Cream - 2:00p

10
Walker's Club - 9:30a
Machine Mania - 11:00a
CLINIC: OAA - 12:30p
Oak St. Food Boxes - 1:00p
RA Shredding - CANCELED
Snacks & Ice Cream - 2:00p

11
MAX & BUTTERS - 9:30a
Walker's Club - 9:30a
Zumba - CANCELED
LM Movie - 1:00p
SPEAKER: Sugar 101 - 1:00p
RA Bingo - 6:00p

12
MAX & BUTTERS - 9:30a
Walker's Club - 9:30a
Zumba - CANCELED
LM Movie - 1:00p
SPEAKER: Sugar 101 - 1:00p
RA Bingo - 6:00p

13
GIANT - 10:00a
Social Wellness - 10:00a
Drum Fitness - 11:00a

14
Walker's Club - 9:30a
Zumba - CANCELED
Bible Study - CANCELED
SPEAKER: St. Paul - 12:30p
Pastor Movie - 2:00p
FAIRGROUNDS HOTEL - 3:30p

15
CLINIC EYE - 9:00a
Chat Room - 10:00a
Drum Fitness - 12:00p
Mobile Market - 12:30p
Church - 2:00p

16
Walker's Club - 9:30a
Machine Mania - 11:00a
Edith Flick Pizza Party - 1:30p
RA Shredding - CANCELED
Snacks & Ice Cream - CANCELED
Chris Eckert Music - 3:00p

17
Walker's Club - 9:30a
Machine Mania - 11:00a
Edith Flick Pizza Party - 1:30p
RA Shredding - CANCELED
Snacks & Ice Cream - CANCELED
Chris Eckert Music - 3:00p

18
Walker's Club - 9:30a
Machine Mania - 11:00a
Edith Flick Pizza Party - 1:30p
RA Shredding - CANCELED
Snacks & Ice Cream - CANCELED
Chris Eckert Music - 3:00p

19
Walker's Club - 9:30a
Machine Mania - 11:00a
Edith Flick Pizza Party - 1:30p
RA Shredding - CANCELED
Snacks & Ice Cream - CANCELED
Chris Eckert Music - 3:00p

20
Walker's Club - 9:30a
Machine Mania - 11:00a
Edith Flick Pizza Party - 1:30p
RA Shredding - CANCELED
Snacks & Ice Cream - CANCELED
Chris Eckert Music - 3:00p

21
Walker's Club - 9:30a
Machine Mania - 11:00a
Edith Flick Pizza Party - 1:30p
RA Shredding - CANCELED
Snacks & Ice Cream - CANCELED
Chris Eckert Music - 3:00p

22
Walker's Club - 9:30a
Machine Mania - 11:00a
Edith Flick Pizza Party - 1:30p
RA Shredding - CANCELED
Snacks & Ice Cream - CANCELED
Chris Eckert Music - 3:00p

1
Chat Room - 10:00a
Drum Fitness - 12:00p
IRON HILL BREWERY - 12:00p
Second Harvest - 12:30p
Church (SPANISH) - 2:00p

2
Walker's Club - 9:30a
Machine Mania - 11:00a
WeCare Pharm BINGO - 1:00p
RA Shredding - 2:00p
Snacks & Ice Cream - 2:00p

3
RA Coffee & Donuts - 9:30a

AUGUST 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p>18 Sunday Believer's w/ Paul - 1:00p</p>	<p>19 Walker's Club - 9:30a Zumba - 11:00a LM Movie (In Person) - 1:00p The Danny Grae Show - 3:00p RA Bingo - 6:00p</p>	<p>20 Drum Fitness - 11:00a Church - 2:00p Therapy Dog Wellness Visit - 12:30p</p>	<p>21 SENIOR CITIZEN'S DAY Walker's Club - 9:30a Zumba - 11:30a Bible Study - 12:30p Jeopardy Trivia Day - 2:00p Pastor Movie - 2:00p</p>	<p>22 SILVER BIRCHES - 8:00a Chat Room - 10:00a PINES THEATER - Canceled Drum Fitness - 12:00p Church - 2:00p</p>	<p>23 Walker's Club - 9:30a LIDL OUTLET - 10:00a Machine Mania - 11:00a RA Shredding - 2:00p Snacks & Ice Cream - 2:00p</p>	<p>24 Happy Birthday Monai! Resident's Birthday Party - 4:30p</p>
<p>25 Sunday Believer's w/ Paul - 1:00p</p>	<p>26 HOBBY/WALM/T/APPLEBEES- 9:30a Walker's Club - 9:30a Computer Class - 10:00a Zumba - 11:00a WEGMANS - 12:00p LM Movie - 1:00p RA Bingo - 6:00p</p>	<p>27 Drum Fitness - 11:00a OSAKA ASIAN - 11:30a Chuck Rissmiller - 3:00p</p>	<p>28 Walker's Club Van Trip - 10:00a Zumba - 11:30a Bible Study - 12:30p Pastor Movie - 2:00p</p>	<p>29 CLINIC: OnSite Derm - 9:00a Chat Room - 10:00a Drum Fitness - 12:00p Painting with a Twist - 12:00p WEGMANS - 12:00p Church - 2:00p</p>	<p>30 Walker's Club - 9:30a BLUE MOUNTAIN - 10:00a Machine Mania - 11:00a RA Shredding - 2:00p Snacks & Ice Cream - 2:00p</p>	<p>31</p>

Religious Activities

ACTIVITY	DAY(s)	TIME	PLACE
Bible Study	Every Wednesday	12:30pm	Community Room
Chat Room	Every Thursday	10:00am	Community Room
Church	4th Tues. & Every Thurs (1st Thurs-Spanish Service)	2:00pm	Community Room Channel 98
Sunday Believers' with Paul Belfort	Every Sunday	1:00pm	Community Room Channel 98

Exercise Activities

ACTIVITY	DAY(s)	TIME	PLACE
Drum Fitness with Jacinda	Tuesdays Thursdays	11:00am 12:00pm	Community Room
Machine Mania with Jacinda	Fridays	11:00am	Fitness Center
Walker's Club with Jacinda	Monday, Wednesday, Friday	9:30am	Lutheran Manor
ZUMBA with Anna	Mondays Wednesdays	11:00am 11:30am	Exercise Room

August Activities

Snacks/Ice Cream Sale	Every Friday	2:00p	Lounge
RA BINGO	Every Monday	6:00p	Community Room
RA Breakfast	Canceled until September	--	-----
RA Coffee & Donuts	Every 1st Saturday	9:30a	Lounge
RA Pinochle	Canceled until September	12:30p	Lounge
RA Shredding	Every Friday	2:00p	Lounge
RA Soup & Hot Dogs	Canceled until September	--	-----
Bus Trip Drop Off	Thursday, August 1st	9:00a	Brenda's Office
Second Harvest Food Bank	Thursday, August 1st	12:30p	Lounge
ACTIVITY: WeCare Pharmacy BINGO	Friday, August 2nd	1:00p	Community Room
ENTERTAINMENT: One Man Band	Monday, August 5th	12:00p	Lounge
Mini Moos Cuddle Session	Monday, August 5th	1:00p	Dog Park
CLINIC: Blood Pressure Checks	Tuesday, August 6th	1:15p	Lounge
Lutheran Manor CARWASH	Wednesday, August 7th	TBD	Staff Parking Lot
CLINIC: OAA Podiatry	Friday, August 9th	12:30p	Resident Apartments
Oak St. Health Food Box Distribution	Friday, August 9th	1:00p	Lounge
SPEAKER: Where's that Sugar Hiding?	Monday, August 12th	1:00p	Community room
SPEAKER: Senior Social Wellness	Tuesday, August 13th	10:00a	Lounge
SPEAKER: St. Paul's Footprints	Wednesday, August 14th	12:30p	Community Room
CLINIC: HealthDrive Eye	Thursday, August 15th	9a-12p	Game Room
Mobile Market	Thursday, August 15th	12:30p	Lounge
Edith Flick's Pizza Party	Friday, August 16th	1:30p	Lounge
ENTERTAINMENT: Chris Eckert	Friday, August 16th	3:00p	Lounge
Lutheran Manor In-Person Movie	Monday, August 19th	1:00p	Community Room
ENTERTAINMENT: The Danny Grae Show	Monday, August 19th	3:00p	Lounge
Therapy Dog Wellness Visit	Tuesday, August 20th	12:30p	Community Room
Jeopardy Trivia Day!	Wednesday, August 21st	2:00p	Community Room
Residents' Birthday Party	Saturday, August 24th	4:30p	Lounge
Bethlehem Library Computer Class	Monday, August 26th	10a-12p	Community Room
ENTERTAINMENT: Chuck Rissmiller	Tuesday, August 27th	3:00p	Lounge
Walker's Club Van Trip	Wednesday, August 28th	10:00a	D&L Trail
CLINIC: OnSite Dermatology	Thursday, August 29th	9:00a	Resident Apartments
ACTIVITY: Painting with a Twist	Thursday, August 29th	1:00p	Lounge

Brenda's Bulletin

SECOND HARVEST FOOD BANK

Thur, 8/1 @ 12:30pm

*~If not present to receive
your food box, you will
be removed from the list*

CLINICS

BLOOD PRESSURE

Tuesday, 8/6 @ 1:15p

~Lounge

OAA PODIATRY

Friday, 8/9 @ 12:30p

~Resident Apartment

HEALTHDRIVE EYE

Thursday, 8/15 @ 9a

~Game Room

OnSITE DERMATOLOGY

Thursday, 8/29 @ 9a

~Resident Apartment

***SIGN UP WITH BRENDA**

Oak St. Health FOOD DISTRIBUTION

Specializing in
providing the best
care for Seniors;
Wellness being at the
heart of everything
they do.

Join us to receive free food:

~Milk~Eggs~Cheese~Bread

~Grains~Canned goods

**While Supplies Last*

Friday, 8/9 @ 1p

~Lounge

***SIGN UP ON EVENTS FORM**

Sign up Required | One Time Event

Brenda's Bulletin

ENTERTAINMENT & ACTIVITIES

We Care Pharmacy II: BINGO
Friday, 8/2 @ 1pm
~Community Room

Glenn Miller: 'ONE MAN BAND'
Monday, 8/5 @ 12pm
~Lounge

'CHRIS ECKERT MUSIC'
Friday, 8/16 @ 3pm
~Lounge

'THE DANNY GRAE SHOW'
Monday, 8/19 @ 3pm
~Lounge

'CHUCK RISSMILLER'
Tuesday, 8/27 @ 3pm
~Lounge

PAINTING WITH A TWIST
Thursday, 8/29 @ 1pm
~Lounge

***SIGN UP ON EVENTS FORM**

SPEAKER : HOME INSTEAD 'SENIOR SOCIAL WELLNESS'

Staying social while aging in place is crucial! Elderly individuals who remain social with friends and relatives experience an enhanced quality of life & improved health compared to those who transition to assisted living centers.

Join us to learn ways to become a social butterfly

Tuesday, 8/13 @ 10am
~Community Room

LIGHT REFRESHMENTS | SIGN UP ON EVENTS FORM

THE BETHLEHEM PUBLIC LIBRARY **COMPUTER CLASS**

Join us to learn the ABC's of Computer Basics
Learn how to navigate a computer and become an expert

Monday, 8/26
10am-12pm
~Community Room

Limited space | Max of 12
Laptops provided

***SIGN UP ON EVENTS FORM**

Office Hours: Monday-Friday 9am-3pm
Brenda Pagan-Fontanez, Service Coordinator
610-866-6010 ext.4



Lutheran Manor Car Wash

Lutheran Manor CAR WASH



Join us for the first ever Lutheran Manor Car Wash. Get your car washed and dried spotless by the best staff out there!

Sign Up Required

Wednesday, August 7th

A memo will be given to you beforehand about when and where to bring your car!

***Resident Cars Only!**

***Please return the slip below to the Main Office
no later than Sunday, August 4th**

Name: _____ Apt. # _____

Resident's Association

Resident's Association

BINGO

Mondays at 6:00pm

-Community Room

Resident's Association

COFFEE & DONUTS

Saturday, August 3rd

at 9:30am

-Lounge

Edith Flick Pizza Party

1:30pm Doors Open

2:00pm Party Starts

3:00pm Entertainment

Friday, August 16th

**Must Sign Up no later than
August 13th**

Spots are Limited
Sign Up on Events Form

Resident Birthday Party

Join the Resident's Association in celebrating all resident birthdays from July to September!

4:30pm Doors Open

5:00pm Cake and Coffee

6:00pm DJ

Saturday, August 24th

Come one, come all!

Limited Spots | Sign Up on Events Form!

ATTENTION

The following Events will resume in **September!**

- Soup & Hot Dogs
- RA Breakfast
- RA SOCIAL
- PINOCHLE
- GENERAL MEETING

Thank you for your cooperation and understanding!

Event Sign-Up Sheet

Please **CHECK OFF** which event you would like to attend below:



Lutheran Manor Events

8/2	Friday	ACTIVITY: We Care Pharmacy <i>BINGO</i>	1:00p	
8/5	Monday	ENTERTAINMENT: 'One Man Band'	12:00p	
8/5	Monday	Mini Moos Petting Zoo	1:00p	
8/9	Friday	Oak St. Health Food Box Distribution	1:00p	
8/12	Monday	SPEAKER: Where's that Sugar Hiding?	1:00p	
8/13	Tuesday	SPEAKER: Senior Social Wellness	10:00a	
8/14	Wednesday	SPEAKER: Walking in St.Paul's Footprints	12:30p	
8/16	Friday	ENTERTAINMENT: Chris Eckert, Vocals	3:00p	
8/19	Monday	LM In-Person Movie - "I am: Celine Dion"	1:00p	
8/19	Monday	ENTERTAINMENT: 'The Danny Grae Show'	3:00p	
8/20	Tuesday	Therapy Dog Wellness Visit	12:30p	
8/21	Wednesday	Jeopardy Trivia Day	2:00p	
8/26	Monday	Bethlehem Library Computer Class	10:00a	
8/27	Tuesday	ENTERTAINMENT: Chuck Rissmiller, Vocals	3:00p	
8/28	Wednesday	Walker's Club Van Trip : Sand Island Park	10:00a	
8/29	Thursday	ACTIVITY: Painting with a Twist	1:00p	

Resident's Association Events

8/16	Friday	Edith Flick's Pizza Party	1:30p	
8/24	Saturday	Residents' Birthday Party	4:30p	

Name(s): _____

Phone Number: _____ Apt.#: _____

Please return this form to the Main Office by Thursday, 8/1

September Van Trips



9/3	Tuesday	BANKS _____ & Shopping at CVS / WALGREENS	10:00a_____
9/4	Wednesday	Dinner at GAMBINO'S ITALIAN RESTAURANT	4:00p_____
9/5	Thursday	Shopping at GERRITTY'S FARM MARKET	10:00a_____
9/6	Friday	BLACK RIVER VINEYARD & WINERY (\$15.00 due by 9/3)	12:00p_____
9/9	Monday	Lunch at RIVER GRILLE	11:00a_____
9/10	Tuesday	Shopping at WEIS	10:00a_____
9/11	Wednesday	Shopping at DOLLAR TREE 378	11:00a_____
9/12	Thursday	Breakfast at HELLERTOWN DINER	9:00a_____
9/16	Monday	BANKS _____ & Shopping at TARGET	10:00a_____
9/18	Wednesday	Shopping at GIANT	10:00a_____
9/19	Thursday	Dinner at PLAZA AZTECA MEXICAN	3:00p_____
9/20	Friday	State Theatre: 'LATE NIGHT CATECHISM' (\$39.00 due by 9/6)	5:30p_____
9/23	Monday	Shopping at LIDL GROCERY OUTLET	12:00p_____
9/24	Tuesday	Lunch at THE WICKED CHEF	11:00a_____
9/25	Wednesday	Silver Birches: FALL FOLIAGE TRAIN RIDE (\$50.00 due by 9/6)	9:00a_____
9/26	Thursday	Shopping at WALMART 248	10:00a_____
9/30	Monday	Shopping at WEGMANS	12:00p_____

Name: _____

Phone#: _____ Apt#: _____

Please return this form to Brenda by Thursday, 8/1

September Van Trips...

Below are descriptions of the unique trips scheduled & what you should expect if you attend...

GAMBINO'S ITALIAN RESTAURANT:

Family owned & operated Italian restaurant offering a wide variety of traditional dishes: Lasagna, Bruschetta, Mozzarella Caprese, Calamari, Chicken Marsala, Penne Vodka, Chicken Parmesan, Eggplant Parmesan, Salads, Pizza, Stromboli, and so much more!

BLACK RIVER VINEYARD & WINERY:

A local gem blessed with rich & productive soils that assist in harvesting the quality grapes, used to create and share the most flavorful wines for you. Come enjoy a relaxing experience pairing different wines with cheese and indulge in a gourmet pizza lunch.

RIVER GRILLE:

Having earned a reputation for it's warm hospitality, great value, and consistently serving the best food around, you won't want to miss this. Enjoy Shrimp & Biscuits, Lobster Sliders, Seared Scallops, Porkchops, Steak, Ribs, Burgers, Scampi, & more!

PLAZA AZTECA MEXICAN:

Enjoy generous portions of sizzling Fajitas, Tacos, Burritos, Nachos, Enchiladas, Quesadillas, and more. Experience a taste of tradition with a Margarita in hand!

STATE THEATRE 'LATE NIGHT CATECHISM':

The irrepressible Sister teaches class to a roomful of "students." Throughout the course, the benevolent instructor rewards the students for correct answers with glow-in-the-dark rosaries and other nifty prizes. Naughty students may well find themselves on stage sitting in a corner reflecting on their actions. Even the most reluctant will be clamoring to get into this Sister's class. The New York Times calls this play "uproariously funny, interactive theater at its best and full of laughs!"

THE WICKED CHEF:

Stupendous sandwich shop offering everything made from scratch: PrimeRib, Balsamic Chicken, Turkey Breast, Pork, or Brisket Sandwiches served with their famous beans or coleslaw, Potato Pancakes, Brisket Hash & much, much more!

Silver Birches: FALL FOLIAGE TRAIN RIDE & VOICES OF LEGENDS

10a ARRIVAL to coffee & apple streusel cake, shop Artisan jewelry, gifts, & local food specialties

10:30a ENJOY being serenaded by the greatest superstars that have ever graced a stage, but to your amazement, all of these incredible voices sung by ONE man!

1:00p BUFFET SERVICE includes Coffee Cake, Broccoli Salad, House Baked Bread, Roasted Pork Loin, Wild Rice Pilaf, Meatloaf with Gravy, Chef's Whim Salad, Roasted Veggies, Ice Cream Sundae

2:30p VENTURE out on the Stourbridge Line Train & enjoy a scenic ride on the Lackawaxen River to enjoy the Northeast Pennsylvania in its most colorful splendor.

3:30p SNACK before departure

